

Paexo Shoulder

Quick Guide

Ottobock wishes you lots of success with your Paexo Shoulder assistive system!

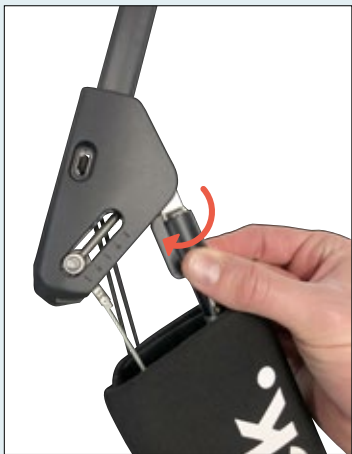


홈페이지: www.ssgm.co.kr

유튜브: <https://www.youtube.com/@SolutionGoodMan>

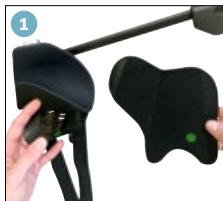
Quality for life

Before use



Rotate the rotation stop to the position in the picture

Optional: Add arm cuff comfort pads



Green dot = right arm cuff
Yellow dot = left arm cuff



Lift arm pad on the inner side of arm cuff and place comfort pad underneath on hook & loop area



Foldable flap is showing towards elbow

Application – Putting on Paexo Shoulder



- 1** Apply the product like a backpack



- 2** Close the lap belt and the chest strap



- 3** Tighten lap belt by pulling both ends forward



- 4** Unhook the magnetic closure slowly and cautiously



- 5** Pull down arm cuff and place arm into cuff



- 6** Engage the magnetic closure in the hook closure



- 7** Loosen the shoulder harness until it lies loosely



For video:
www.paexo.com/setup

Adjustments – Finding the right fit



1 Position Hip Belt

- a: On hip bone
- b: Center belt clip

2 Adjust Height

Align with shoulder level

3 Adjust Shoulder Straps

Stay loose – DO NOT tighten!

4 Slide Ball Sockets

Aligned with hip width

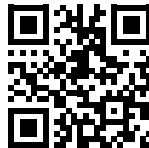
5 Position Back Plate & Regulate Elastic Straps

Central between shoulder blades

6 Level Support Force / Adjustment wheel

Relative to arm weight

Rule: NO resistance to lower your arms

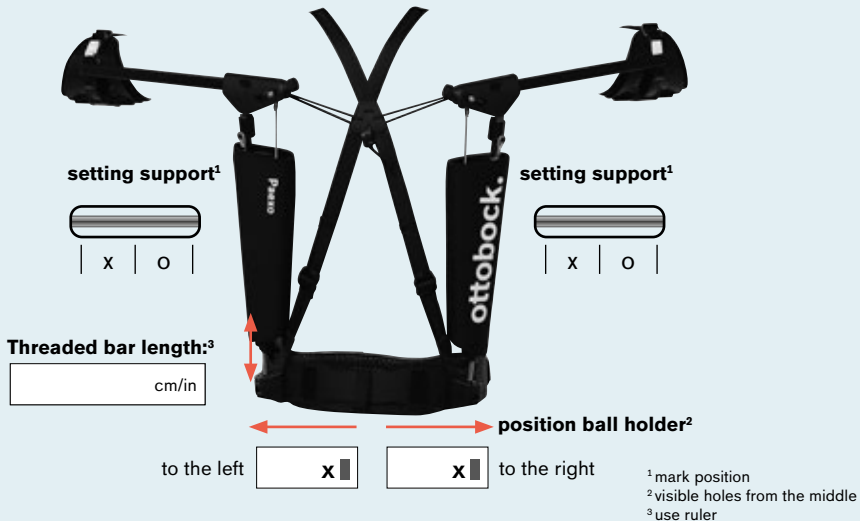


For videos:

www.paexo.com/right-fit

Your Paexo Shoulder – Note your personal adjustments

Name:





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